

Galatians 4:6

And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, "Abba, Father!"

I love my children, I remember when they were less than three years old, I would sit there and watch them play as they discover new things and how to do new things. But sometimes there were things they couldn't do, like open a big container with a lid on it. So what did they do? That's right, they would bring it over to dad to open it for them. But they didn't just bring it over and say, "Dad, will you please open this for me?", because they couldn't talk yet. So instead they would take my hand and place it on top of the lid of the container and just stare at it, and then at me. This was their way of communicating that they couldn't do something and that they needed my help.

What about you? Are there things in your life that you have tried and tried to fix, but have gotten frustrated because you just can't seem to do it?

Maybe your marriage is falling apart.

Or maybe things at your job get worse and worse.

Maybe your kids seem to be rebellious or downright disobedient.

Maybe your parents treat you wrongfully.

Maybe your finances are getting worse and worse, no matter how hard you work and how much you tithe.

Think about some of the things going on in your life right now that you can't seem to fix. Now take God's hand and place it on these things and ask Him to fix them because you just can't. How do you do that since you can't physically touch God's hand? Just pray to Him and say that you are placing His hand upon this, or these things. Tell God you have tried and tried to fix them but you can't and ask Him if He will.

With my kids, there are some things I know they can do and I encourage them to do them and not depend upon dad to do it all the time. But then there are things they just can't do and I know it, during those times I am happy that they bring it to me and I will always help them.

God knows there are things you can do because you know how to, but then there are things He knows you can't do. How much joy the Lord must get when we run to Him and ask for His help *crying out, "Abba, Father!"* instead of crying out to someone, or something else.

† **Habakkuk 3:2 (NLT2)** *I have heard all about you, LORD. I am filled with awe by your amazing works. In this time of our deep need, help us again as you did in years gone by. And in your anger, remember your mercy.*

† **Hebrews 4:16** *Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.*